## The Moultonborough Suicide Prevention and Mental Health Coalition

Another year has ended with the successful collaboration of Northern Human Services, the Moultonborough Family Health Center, and The Moultonborough Suicide Prevention and Mental Health Coalition to ensure that individuals living in the Moultonborough area will have optimum access to mental health and suicide prevention services. The collaboration has also ensured that Northern Human Services received the support and funding to provide these services in Moultonborough in a timely way and regardless of the ability of recipients to pay for them. The Coalition and Northern are also thankful to The Moultonborough Family Health Center, Lakes Region General Hospital, and its staff for providing a free, comfortable space and administrative support to Northern Human Services for another year.

Please read the report below for more details of the good work done this year on your behalf. Thank you for your continued support.

Respectfully submitted, Peter Whelley Scott Kinmond Coalition Co-Chairman



## The Mental Health Center

25 West Main Street, Conway, NH 03818 \* 603-447-2111 \* Fax 603-447-1021 70 Bay Street, Wolfeboro, NH 03894 \* 603-569-1884 \* Fax 603-569-1882

## To the Moultonborough:

Re: 2013 Mental Health access for Moultonborough citizens supported by Moultonborough Coalition for Mental Health and The Prevention of Suicide and provided by Northern Human Services.

Northern Human Services provided mental health services to 55 Moultonborough Citizens in 2013. These individuals were clients who did not meet eligibility for State Certification but who were in need of mental health services nonetheless. The majority of these were seen at The Moultonborough Family Health center in Moultonborough. Other sites where citizens received treatment included Moultonborough Academy, Moultonborough Central School, in the community and in individual's homes. Several of these citizens requested and were provided their services at other sites (Wolfeboro and Conway) due to confidentiality concerns. REAP services were also proved to five elderly clients in their homes at no cost to the town.

An additional 18 individuals from 10 other towns were also seen at the Moultonborough Family Health Center at the request of their PCP's; these clients were not covered by The Moultonborough Suicide Coalition contract.

Northern Human Services received funding from the Town of Moultonborough through the Moultonborough Coalition for Suicide Prevention and Mental Health for Moultonborough citizens who do not have the resources to cover their mental health costs. 60% of Moultonborough residents were either un insured (29%) or qualified for Medicaid (26%). Most of the uninsured population were eligible

for the lowest sliding fee rate of 13% as they were part time seasonal employees or were unemployed and receiving support from friends and family. Funding from the Coalition insured that these individuals would receive the care they needed and supported Northern Human Services therapists to provide mental health treatment in Moultonborough up to two full days per week at the rate of \$90 per hour. Most appointments were scheduled through the Moultonborough Family Health Center (LRGH) who provided space and administrative support at no additional cost the Northern Human Services or the town of Moultonborough. The attached graphic details the statistics.

Northern Human Services also collaborated with the Moultonborough Police, EMS and Fire Departments, VNA, NAMINH, The NH Office of Medical Examiners, and DHBRT to offer a training on stress management for first responders who have experienced trauma related to accident, suicide and homicide events in the town in recent years. Over fifty EMS staff attended the training and indicated by evaluation that the event was timely and well received.

Once again, Northern Human Services is thankful to the Town of Moultonborough, LRGH and the Moultonborough Family Health Center for the support received to enable mental health services to be provided in the Town of Moultonborough. We look forward to the partnership continuing in the future and commend this town for its forward thinking, proactive stance with regard to accessible mental health treatment.

Sincerely,

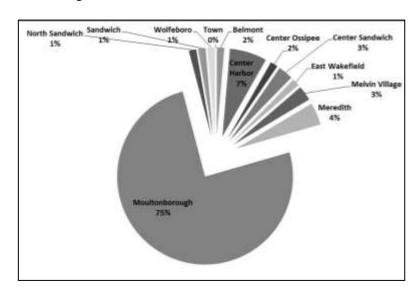
Eve V. Klotz, LICSW

Clinical Director

## **Percent of Clients per Town**

Town	# of Clients	%
Belmont	1	1
Center Harbor	5	7
Center Ossipee	1	1
Center Sandwich	2	3
East Wakefield	1	1
Melvin Village	2	3
Meredith	3	4
Moultonborough	55	75
North Sandwich	1	1
Sandwich	1	1
Wolfeboro	1	1
Total	73	100

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